

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	Teigland Eiendom AS				
2	Reason for the notification					
a)	Position/status	A company closely associated with Trine Teigland, board member and primary insider of Lifecare ASA				
b)	Initial Notification / Amendment	Initial				
3	Details of the issuer					
a)	Name	Lifecare ASA				
b)	LEI	254900D88MYGZ7JD5P39				
4	Details of the transaction:					
a)	Description of the financial instrument, type of instrument Identification code	Warrants of Lifecare ASA, with ISIN NO0013709196				
b)	Nature of the transaction	Exercise of warrants				
c)	Price(s) and volume(s)	<table border="1"> <thead> <tr> <th>Price</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td>NOK 0.3342</td> <td>4,787,552</td> </tr> </tbody> </table>	Price	Volume(s)	NOK 0.3342	4,787,552
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d)	Aggregated information — Aggregated volume — Price	<table border="1"> <thead> <tr> <th>Price</th> <th>Volume(s)</th> </tr> </thead> <tbody> <tr> <td>NOK 1,600,000</td> <td>4,787,552</td> </tr> </tbody> </table>	Price	Volume(s)	NOK 1,600,000	4,787,552
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e)	Date of the transaction	2026-03-11				
f)	Place of the transaction	Outside a trading venue				