

1	Details of the person discharging managerial responsibilities/person closely associated													
a)	Name	Hans Hekland												
2	Reason for the notification													
a)	Position/status	Board member and primary insider of Lifecare ASA												
b)	Initial Notification / Amendment	Initial												
3	Details of the issuer													
a)	Name	Lifecare ASA												
b)	LEI	254900D88MYGZ7JD5P39												
4	Details of the transaction:													
a)	Description of the financial instrument, type of instrument Identification code	Allocation of shares in Lifecare ASA, with ISIN NO0013355859 Allocation of Warrants Series 1, with ISIN NO0013709196 Allocation of Warrants Series 2, with ISIN NO0013709204												
b)	Nature of the transaction	Allocation of underwriting commission shares and warrants												
c)	Price(s) and volume(s)	<table border="1"> <tr> <td>Price</td> <td>Volume(s) of shares</td> </tr> <tr> <td>NOK 0.5</td> <td>120,000</td> </tr> </table> <table border="1"> <tr> <td>Price</td> <td>Volume(s) of Warrants Series 1</td> </tr> <tr> <td>NOK 0.0</td> <td>90,000</td> </tr> </table> <table border="1"> <tr> <td>Price</td> <td>Volume(s) of Warrants Series 2</td> </tr> <tr> <td>NOK 0.0</td> <td>90,000</td> </tr> </table>	Price	Volume(s) of shares	NOK 0.5	120,000	Price	Volume(s) of Warrants Series 1	NOK 0.0	90,000	Price	Volume(s) of Warrants Series 2	NOK 0.0	90,000
Price	Volume(s) of shares													
NOK 0.5	120,000													
Price	Volume(s) of Warrants Series 1													
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Price	Volume(s) of Warrants Series 2													
NOK 0.0	90,000													
d)	Aggregated information	<table border="1"> <tr> <td>Price</td> <td>Volume(s) of shares</td> </tr> </table>	Price	Volume(s) of shares										
Price	Volume(s) of shares													

	— Aggregated volume	NOK 60,000	120,000
	— Price	Price	Volume(s) Warrants Series 1
		NOK 0.00	90,000
			Price
			Volume(s) Warrants Series 2
			NOK 0,00
e)	Date of the transaction	2026-01-29	
f)	Place of the transaction	Outside a trading venue	