KRT-1500 Template for notification of transactions by persons discharging managerial responsibilities (PDMR) and persons closely associated with them

FINANSTILSYNET
THE FINANCIAL SUPERVISORY AUTHORITY OF NORWAY

The person liable:		
PDMR	Closely associated person)	d person (natural Closely associated person (legal person)
About PDMR		
Last name	Van O	ost
First name	Arina	
Position / role	VP Cor	porate Strategic Development
Initial notification	or amendment to prior	notification
Initial	Amendment	
Details about the is	suer or emission allowa	nce market participant
Business name	Tel	na Holding ASA
LEI number	54	9300B8BGP6YLHH0K80

Skjemaversjon: 46345

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Instrument	Share	Share		
ISIN code	NO0010951577			
Name of the financial instrument				
Nature of the transaction				
Transaction type	Subscription			
Transaction type	Subscription			
Share option program				
The transaction is linked to an excersise of a share option program Organia				
Currency of the transaction				
Currency	NOK			
Price(s) and volume(s)				
Price per unit	3			
Volume	7 616			
Aggregated information				
Average price per unit	3.00000			
Aggregated volume	7 616			
Total amount	22 848.000000			
Date of the transaction				
Date	12/3/2025			
Place of the transaction				
Trading venue	XOFF - Outside a trading venue			