

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>					
a)	Name	<i>Kasado 2020 AS</i>				
<b>2</b>	<b>Reason for the notification</b>					
a)	Position/status	<i>Closely associated company of Kristian Adolfsen, board member in Norlandia Health &amp; Care Group AS</i>				
b)	Initial notification/Amendment	<i>Initial notification</i>				
<b>3</b>	<b>Details of issuer</b>					
a)	Name	<i>Norlandia Health &amp; Care Group AS</i>				
b)	LEI	<i>549300FBOBWU7L8EH481</i>				
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>					
a)	Description of the financial instrument, type of instrument Identification code	<i>Debt instrument.</i> ISIN: NO0013266692				
b)	Nature of the transaction	<i>Sale/transfer of debt instruments</i>				
c)	Price(s) and volume(s)	<table border="1"> <tr> <th>Price(s)</th> <th>Volume(s)</th> </tr> <tr> <td>100.00 %</td> <td>NOK 1,500,000</td> </tr> </table>	Price(s)	Volume(s)	100.00 %	NOK 1,500,000
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d)	Aggregated information — Aggregated volume — Price	<table border="1"> <tr> <th>Price</th> <th>Aggregated Volume</th> </tr> <tr> <td>100.00 %</td> <td>NOK 1,500,000</td> </tr> </table> <p>Note: Aggregated volume includes privately owned volumes.</p>	Price	Aggregated Volume	100.00 %	NOK 1,500,000
Price	Aggregated Volume					
100.00 %	NOK 1,500,000					
e)	Date of the transaction	20.06.2024				
f)	Place of the transaction	<i>Outside a trading venue</i>				

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>						
a)	Name	Mona Adolfsen					
<b>2</b>	<b>Reason for the notification</b>						
a)	Position/status	Closely associated person of Roger Adolfsen, board member in Norlandia Health & Care Group AS					
b)	Initial notification/Amendment	Initial notification					
<b>3</b>	<b>Details of issuer</b>						
a)	Name	Norlandia Health & Care Group AS					
b)	LEI	549300FBOBWU7L8EH481					
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<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>					
a)	Name	<i>Roger Larsen</i>				
<b>2</b>	<b>Reason for the notification</b>					
a)	Position/status	<i>CFO – Norlandia Health &amp; Care Group AS</i>				
b)	Initial notification/Amendment	<i>Initial notification</i>				
<b>3</b>	<b>Details of issuer</b>					
a)	Name	<i>Norlandia Health &amp; Care Group AS</i>				
b)	LEI	<i>549300FBOBWU7L8EH481</i>				
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<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>					
a)	Name	Gizmo AS				
<b>2</b>	<b>Reason for the notification</b>					
a)	Position/status	Closely associated person of Kristian Adolfsen, board member in Norlandia Health & Care Group AS				
b)	Initial notification/Amendment	Initial notification				
<b>3</b>	<b>Details of issuer</b>					
a)	Name	Norlandia Health & Care Group AS				
b)	LEI	549300FBOBWU7L8EH481				
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<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>					
a)	Name	<i>Bleiksøya 4 AS</i>				
<b>2</b>	<b>Reason for the notification</b>					
a)	Position/status	<i>Closely associated person of Roger Adolfsen, board member in Norlandia Health &amp; Care Group AS</i>				
b)	Initial notification/Amendment	<i>Initial notification</i>				
<b>3</b>	<b>Details of issuer</b>					
a)	Name	<i>Norlandia Health &amp; Care Group AS</i>				
b)	LEI	<i>549300FBOBWU7L8EH481</i>				
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