

Notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them

1	Details of the person discharging managerial responsibilities/person closely associated					
a)	Name	<i>Lars H. Barstad</i>				
2	Reason for the notification					
a)	Position/status	<i>CEO of Frontline Management AS</i>				
b)	Initial notification / Amendment	<i>Initial notification</i>				
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor					
a)	Name	<i>Frontline plc</i>				
b)	LEI	<i>5493004BCIKYU1YL3H63</i>				
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted					
a)	Description of the financial instrument, type of instrument	<i>TRS agreement (Total Return Swap)</i>				
	Identification code	<i>ISIN: CY0200352116</i>				
b)	Nature of the transaction	<i>Entered in to a TRS (Total Return Swap) agreement with underlying exposure to 80,000 shares in Frontline plc with expiry date 16th June 2023 and TRS price NOK 173.2232 per underlying share.</i>				
c)	Price(s) and volume(s)	<table border="1"> <tr> <td><i>Price(s):</i></td> <td><i>Volume(s):</i></td> </tr> <tr> <td><i>NOK 173.2232</i></td> <td><i>80,000 shares</i></td> </tr> </table>	<i>Price(s):</i>	<i>Volume(s):</i>	<i>NOK 173.2232</i>	<i>80,000 shares</i>
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<i>NOK 173.2232</i>	<i>80,000 shares</i>					
d)	Aggregated information - Aggregated volume - Price	<i>Aggregate number of shares: 80,000</i> <i>Price: NOK 173.2232</i>				
e)	Date of the transaction	<i>2023-03-16</i>				
f)	Place of the transaction	<i>XOSL - Oslo Børs</i>				