



Vår Energi ASA holds first Capital Markets Update in Oslo on 16 February 2023

Sandnes, Norway, 14. December 2022: Vår Energi ASA (OSE: VAR) is pleased to invite investors, analysts, and other stakeholders to a Capital Markets Update on 16 February 2023 at 10:00 to 15:00 (CET) in connection with the publication of the fourth quarter and full year results for 2022. The event will be held in central Oslo, with the alternative of joining digitally.

Further information, including a detailed agenda and venue, will be made available closer to the event date on investors.varenergi.no.

The presentations will be held in English and transferred via live webcast. A recording will be made available through the company's website following the event.

Please register your interest and save the date [here](#)

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About Vår Energi

Vår Energi is a leading independent upstream oil and gas company on the Norwegian continental shelf (NCS). We are committed to deliver a better future through responsible value driven growth based on over 50 years of NCS operations, a robust and diversified asset portfolio with ongoing development projects, and a strong exploration track record. Our ambition is to be the safest operator on the NCS, the partner of choice, an ESG leader and a net-zero producer (Scope 1 and 2) by 2030.

Vår Energi has more than 900 employees and equity stakes in 36 fields producing net 246,000 boe per day in 2021. We have our headquarters

outside Stavanger, Norway, with offices in Oslo and Hammerfest. To learn more, please visit varenergi.no.