

<b>1</b>	<b>Details of the person discharging managerial responsibilities/person closely associated</b>		
a)	Name	<i>Ann-Helen Hagh</i>	
<b>2</b>	<b>Reason for the notification</b>		
a)	Position/status	<i>Closely associated person of Kristian A. Adolfsen, Chairman of the Board in Norlandia Health &amp; Care Group AS</i>	
b)	Initial notification/Amendment	<i>Initial notification</i>	
<b>3</b>	<b>Details of issuer</b>		
a)	Name	<i>Norlandia Health &amp; Care Group AS</i>	
b)	LEI	<i>549300FBOBWU7L8EH481</i>	
<b>4</b>	<b>Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted</b>		
a)	Description of the financial instrument, type of instrument Identification code	<i>Debt instrument. NHCG01 ESG, ISIN: NO0010997927</i>	
b)	Nature of the transaction	<i>Purchase of debt instruments</i>	
c)	Price(s) and volume(s)	<b>Price(s)</b>	<b>Volume(s)</b>
		97.50	975 000
d)	Aggregated information — Aggregated volume Price	<b>Price</b>	<b>Aggregated Volume</b>
		97.50	975 000
e)	Date of the transaction	13.12.2022	
f)	Place of the transaction	<i>Oslo Børs, MIC: XOSL</i>	